

# Advancing the knowledge and practice of massage therapy by supporting scientific research, education, and community service



## Research Grants

Since 1993, the Massage Therapy Foundation has funded solid research investigating the science and practice of massage therapy. We have funded more than 35 research studies; with a typical grant amount being \$30,000. These grants have made a profound impact on the world of massage therapy research, and help to secure our place in the healthcare world. Research grant application deadlines are yearly on March 1st.



## IJTMB

The International Journal of Therapeutic Massage and Bodywork: Research, Education, & Practice (IJTMB) is an online, peer-reviewed, open access scientific journal for the therapeutic massage and bodywork profession, and is available without subscription fees or contributing author charges. The free journal is for scientists, massage therapists, bodywork practitioners, teachers, and students.

## Research Literacy

The MTF has developed the course Basics of Research Literacy just for you. This 6-hour NCBTMB approved online workshop will give you the skills to incorporate the principles of research into your practice and teaching



## Community Research Grants

MTF Community Service grants are awarded to massage therapists who partner with a local organization to provide massage and bodywork to underserved populations. Grants are available for up to \$5,000.



## Case Report Contests

The MTF sponsors two Case Report Contests annually - one for massage practitioners and one for massage students. Our Case Report Contests give therapists and students the opportunity to conduct their own project to describe their work and report their results in the format of a professional research paper. Deadlines for students are yearly on June 1st, and for practitioners on October 1st.

## Research Reviews

Each month, in partnership with *Massage Today*, members of the MTF's Writing Workshop interpret current research studies in an accessible manner for massage practitioners. These studies are featured online and in the print version of *Massage Today*.



Massage Today



## Free eBooks

Research has shown that massage therapy is a beneficial complement to medical treatment in many cases. Fortunately, today's physicians are beginning to embrace massage therapy and integrate it into their patients' treatment plans. Download our free eBook for a complete guide to partnering with physicians.



## Get Involved

There are many ways to become an involved member through our organization. You can donate, sponsor an event or seminar, and even volunteer.

## Contact Us

Join our mailing list: [masagetherapyfoundation.org](http://masagetherapyfoundation.org)

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You give back to your profession

